



PROGRAM & REGISTRATION*

www.cnydc.org

THE ONCENTER

SYRACUSE, NY

FRIDAY

September 11



2026 HEADLINERS

Hardev Singh, DMD, MS

Brian Novy, DDS, FACD, FADI, FICD

** Register by August 15th to take advantage of our Early Bird Rates!*

Welcome to the 2026 Central New York Dental Conference

The largest and only dental conference of its kind in central New York.

We invite all dental professionals and their staff to attend the 43rd Annual Central New York Dental Conference (CNYDC). The CNYDC boasts nationally renowned speakers, along with a *Dental Marketplace* filled with dental representatives and vendors eager to show you their latest and newest products. The floorplan is designed to allow accessibility to every vendor. Wifi, comfortable seating, food and refreshments will make your visit to the Dental Marketplace one to remember!

Your committee has worked many hours to develop and bring you this unparalleled program. We urge you to participate in this educational experience and to visit with our exhibitors who have supported our profession so many times. Don't miss this local opportunity to fulfill your MCE requirements, see the latest in dental products, as well as visit with other upstate colleagues.

Plan to attend. Reward your staff and make it an office event. I'm sure no one will be disappointed.

Conference Details

CONFERENCE LOCATION

- THE ONCENTER
- 800 South State Street, Syracuse, NY

REGISTRATION AND ADMITTANCE

- All pre-registered attendees must check in at registration.
- Admission to all sessions and exhibits is by proper registration and ID only.
- Badges must be visible at all times.
- Admission to the exhibits only is free, but check-in is required.

PRE-REGISTRATION

- Pre-Register. Registration form is located on the inside back cover.
- Pre-registered attendees will receive their course confirmation(s), name badge(s) and lunch ticket(s) by mail.
- Persons registering after August 31 must pick up their materials on-site.
- Lost tickets will be replaced *only* with proof of purchase.

ONLINE REGISTRATION

- Register Online at www.cnydc.org.
- Receive immediate confirmation and receipt by email.

ONSITE REGISTRATION

Registrations the day of the seminar are subject to a \$20 late registration fee.

ON-SITE REGISTRATION HOURS:

Friday Morning: 7:30 - 9:00 am

PARKING

- ONCENTER Parking Garage (State Street) \$7.50.
- Tell attendant you are part of the dental conference.

BREAKS AND LUNCH

- Break and Lunch times are staggered according to course and will be announced by your instructor.
- A buffet lunch is served to allow more time for visiting exhibits.
- Lunch Tickets are required for admission and are included with a full day course registration.
- Additional lunch tickets may be purchased in advance for \$35.00 per person.

REFUND/CANCELLATION POLICY

- Refund requests must be received no later than September 4, 2026 and will be granted only in cases of family or office emergency.
- All badges and tickets must be returned to the FDDS.
- Payment for meal functions will not be refunded.

CONTINUING EDUCATION CREDITS

- The Fifth District Dental Society is an ADA/CERP recognized provider approved by the New York State Dental Association.
- ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.
- Continuing Education (CE) credits are awarded for all lectures that meet the NYSED requirements.
- One hour of credit is awarded for each 50 minutes of presentation attended.
- CE forms for NYS Continuing Education requirements will be given to each attendee when checking in at registration.
- To verify attendance, a four digit code, read at the end of each seminar must be entered on the Fifth District Continuing Education Form.
- After completing the form, please bring the white copy to the room proctor before leaving.
- It is recommended that you retain all copies of your CE forms in case of audit.

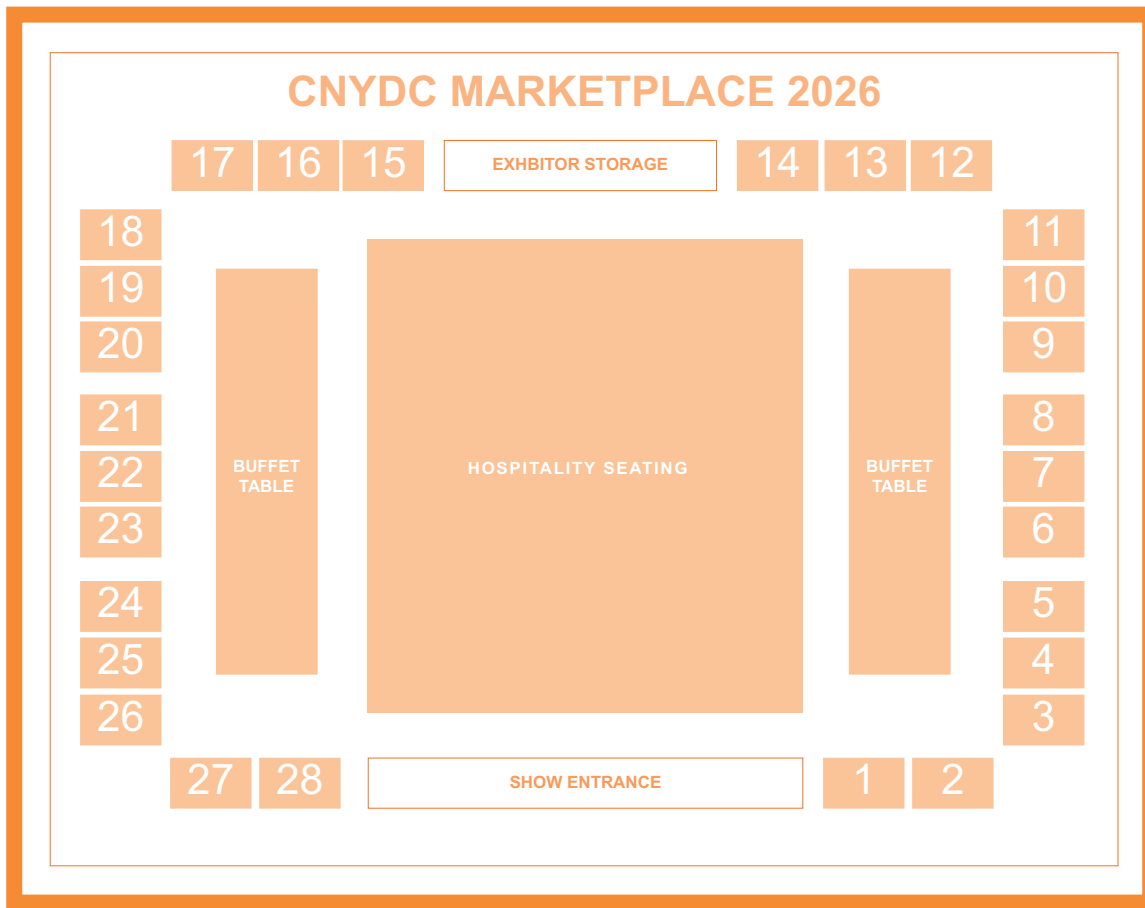
DENTAL MARKETPLACE

- Admission to the Marketplace is free!
- The Marketplace is open from 8:00 am to 3:00 pm on Friday, September 11.
- We appreciate the contribution the exhibitors make to the Central New York Dental Conference and we urge you to visit and patronize them.

Central New York Dental Conference

Ballrooms East/West • The Oncenter • Syracuse, New York

DENTAL MARKETPLACE



The Exhibit Floorplan Provides:

- Accessibility to every vendor
- Free wifi
- Comfortable seating
- Food
- Refreshments

The Fifth District Dental Society is the sponsor of the Central New York Dental Conference. The Fifth District Dental Society is a component of the New York State Dental Association and the American Dental Association.

#1: Cariology in 2026: Heresy or Oral Health Care?

Speaker: Brian Novy, DDS, FACD, FADI, FICD

Friday, September 11, 2026 • 8:30 - 4:00 pm

7 MCE credits

Course Description:

Caries management is more than a risk assessment, and certainly more than increased fluoride concentrations and more frequent applications. When the public is literally being led towards more tooth decay and away from time-tested interventions, the oral healthcare infrastructure finds itself at a crossroads, on a frontier. Can prevention be cost effective if it's not evidence based? Who and where are the oral health champions in dental settings? If AI drives more remineralization over restorative interventions what can go horribly wrong?

In a world where preventionists are sidelined while the public hears nanohydroxyapatite cures tooth decay and fluoride will lower your IQ, will providers reach for an increasing volume of treatments for caries with no peer reviewed research to back them up? The oral healthcare ecosystem is poised for some sort of revolution, but where are the weapons and what might they accomplish?

Learning Objectives [at the end of this presentation, attendees will be able to:

- Improve the prognosis of patient care
- Explain the facets of effective disease management
- Describe critical components of disease management strategies that hinder success
- Discuss roles and goals of Oral Health Agents
- Defend evidence-based anionic remineralization AND research based caries reversal
- Identify highest risk patients before they develop disease
- Position your practice for the next fluoride resistant patient

Target Audience

Dentists, Dental Hygienists, Dental Assistants



Dr. Nový teaches cariology at Harvard School of Dental Medicine, Virginia Commonwealth University, and University of Pikeville. He served on the American Dental Association Council of Scientific Affairs from 2010-2014, and in 2016 was appointed the consumer representative to the United States Food & Drug Administration Dental Products Panel.

His papers are published in various journals including the Journal of the American Dental Association, the Journal of Dental Research, the Journal of Evidence Based Dentistry, Dentistry Today, Inside Dentistry, Dental Economics, the National Academies of Medicine, the Journal of General Dentistry, and the International Journal of Health Equity.

(Dr. Novy has no financial relationships relevant to this presentation to disclose.)

#2: How to Assess Complex Exodontia and WHY Ridge Preservation is Critical for Restorative Success after Extractions

Speaker: Hardev Singh, DDS, MS

Friday, September 11, 2026 • 9:00 - 4:30 pm

7 MCE credits

Course Description:

It is imperative to understand the complexity of exodontia prior to performing any extractions. By understanding certain factors that make exodontia complex we can make treatment planning a success for the patient. Following a tooth extraction, the alveolar ridge undergoes rapid dimensional changes that can compromise future implant placement and restorative outcomes. Ridge preservation techniques help minimize horizontal and vertical bone loss, maintain soft tissue architecture, and simplify subsequent implant therapy. This presentation reviews the biologic rationale, clinical indications, and practical techniques for predictable ridge preservation in everyday practice.

Learning Objectives:

- Identify factors that can aid a clinician in treatment planning complex exodontia.
- Describe the biologic changes that occur in the alveolar ridge following tooth extraction.
- Identify clinical situations in which ridge preservation is indicated.
- Compare commonly used graft materials and membranes for ridge preservation procedures.
- Apply practical ridge preservation techniques to maintain ridge dimensions for future implant placement.
- What is the difference between implantitis and mucositis clinically and how do we treat these clinical cases

Target Audience

Dentists, Dental Hygienists



Dr. Hardev Singh earned his Doctor of Dental Medicine (DMD) degree from the University of Pittsburgh School of Dental Medicine. Deeply moved by the events of September 11th, he chose to serve his country by joining the United States Army through the Health Professions Scholarship Program (HPSP). As a commissioned officer, he received the Army Service Ribbon, the Global War on Terrorism Service Medal, and the Army Commendation Medal in recognition of his commitment and service.

Following his military career, Dr. Singh dedicated himself to improving access to care by serving underserved communities at a Federally Qualified Health Center. During this time, he demonstrated exceptional clinical skill and professionalism that led to his recruitment as an Assistant Professor at Western University of Health

Sciences. There, he taught advanced clinical techniques in periodontal and oral surgery courses, earning special privileges to work directly alongside specialists. He was later promoted to Associate Professor and contributed to multiple scholarly publications.

In addition to his academic career, Dr. Singh successfully ran an evening clinic and owned a private practice. Driven by his passion for surgical excellence, he pursued specialty training in Periodontics at the prestigious Loma Linda University, where he trained under renowned clinicians and thought leaders in the field. His master's thesis explored the anti-inflammatory benefits of omega-3 fatty acids, highlighting their potential role in reducing opioid prescriptions and promoting holistic patient care.

Dr. Singh is a Diplomate of the American Board of Periodontology and Dental Implant Surgery. He provides advanced periodontal and implant surgical care across multiple practices while prioritizing patient education and interdisciplinary collaboration. A dedicated lifelong learner and teacher, he lectures for local dental societies on periodontal therapy, opioid stewardship, and workplace violence prevention. Dr. Singh remains committed to elevating standards of care through clinical excellence, continuing education, and mentorship.

(Dr. Singh has no financial relationships relevant to this presentation to disclose.)

Registration Instructions

Complete the form on the next page. Use the Course #'s, Fees, and Profession Codes listed below when completing the registration form. Lunch is included in the fee for all full day seminars.
Please take note of the Early Bird Rates. Rates go up August 16th! See Key for Registrant Type.

COURSE #'S AND FEES			EARLY BIRD RATES 5/27/26 - 8/15/26				FINAL RATES 8/16/26 - 9/12/26			
Course #	Date	Speaker	M	NM	RL	SR	M	NM	RL	SR
1	9/11	Novy	\$305	\$610	\$155	\$195	\$325	\$630	\$175	\$215
2	9/11	Singh	\$305	\$610	\$155	\$195	\$325	\$630	\$175	\$215

REGISTRANT KEY FOR PRICING TABLE (ABOVE):

Member (ADA)	M
NonMember	NM
Retired Life	RL
Staff/Resident	SR

PROFESSION CODES TO BE USED ON REGISTRATION FORM (NEXT PAGE):

Profession	Code	Profession	Code
ADA Member Dentist	A	Dental Assistant	DA
Non-ADA Member Dentist	B	Administrative Staff	S
Student Dentist	C	Guest	G
Dental Hygienist	DH	Others	O

Register Online
www.cnydc.org

OR

Fax Your Registration
315-437-6013

OR

Mail Your Registration
Fifth District Dental Society
6323 Fly Rd, Ste. 3
E. Syracuse, NY 13057

Registration Information

You may fax or mail the attached registration form (see above.) Forms must be received at the Fifth District Dental Society office no later than August 31, 2026. Persons pre-registered will receive a confirmation package within two weeks. The confirmation package will contain a confirmation letter, name badges, and lunch tickets. Please check to make sure that all information is correct and that all items are present.

The Fifth District office cannot be held responsible for non-receipt of faxed or mailed forms.
If you have not received confirmation within two weeks time, please call the office at 315-434-9161.

Persons registering after August 31, 2026 must pick up their materials on-site. You may register the day of the seminar, however, all on-site registrations are subject to an additional \$20 late registration fee.

Additional lunch tickets can be purchased for \$35.

Central New York Dental Conference 2026

REGISTRATION FORM

Dental Practice and Dentist Name	Tel Number:	Fax Number:
Email Address:		

Mailing Address (Confirmations of all registrants listed below will be sent to this address or faxed to above number)

Street	City	State	Zip
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Please refer to information on previous page for course #'s, fees and registration codes. If registering more than eight persons, please copy form.

REGISTRANT 1	Full Name:	☐ Dr. ☐ Ms. ☐ Mr.	ADA #(Dentists/Students) / SS# (Others)
TICKETED PROGRAMS:	Course Code #: # Course Fee: \$	Profession Code: # \$	Total Ticketed Fees: \$
REGISTRANT 2	Full Name:	☐ Dr. ☐ Ms. ☐ Mr.	ADA #(Dentists/Students) / SS# (Others)
TICKETED PROGRAMS:	Course Code #: # Course Fee: \$	Profession Code: # \$	Total Ticketed Fees: \$
REGISTRANT 3	Full Name:	☐ Dr. ☐ Ms. ☐ Mr.	ADA #(Dentists/Students) / SS# (Others)
TICKETED PROGRAMS:	Course Code #: # Course Fee: \$	Profession Code: # \$	Total Ticketed Fees: \$
REGISTRANT 4	Full Name:	☐ Dr. ☐ Ms. ☐ Mr.	ADA #(Dentists/Students) / SS# (Others)
TICKETED PROGRAMS:	Course Code #: # Course Fee: \$	Profession Code: # \$	Total Ticketed Fees: \$
REGISTRANT 5	Full Name:	☐ Dr. ☐ Ms. ☐ Mr.	ADA #(Dentists/Students) / SS# (Others)
TICKETED PROGRAMS:	Course Code #: # Course Fee: \$	Profession Code: # \$	Total Ticketed Fees: \$
REGISTRANT 6	Full Name:	☐ Dr. ☐ Ms. ☐ Mr.	ADA #(Dentists/Students) / SS# (Others)
TICKETED PROGRAMS:	Course Code #: # Course Fee: \$	Profession Code: # \$	Total Ticketed Fees: \$
REGISTRANT 7	Full Name:	☐ Dr. ☐ Ms. ☐ Mr.	ADA #(Dentists/Students) / SS# (Others)
TICKETED PROGRAMS:	Course Code #: # Course Fee: \$	Profession Code: # \$	Total Ticketed Fees: \$
REGISTRANT 8	Full Name:	☐ Dr. ☐ Ms. ☐ Mr.	ADA #(Dentists/Students) / SS# (Others)
TICKETED PROGRAMS:	Course Code #: # Course Fee: \$	Profession Code: # \$	Total Ticketed Fees: \$

ADDITIONAL LUNCH TICKETS:	# \$ 35.00	Total Lunch Fees: \$
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(Lunch is included in fee for full day seminar. However, lunch tickets may be purchased separately if attending exhibits only).

PAYMENT METHOD:		
Please bill my credit card: ☐ MC ☐ Visa ☐ Discover ☐ Amex		
☐ Check enclosed	Credit Card Number: _____	CVV: _____
Payable to:	Expiration Date: _____	Total Fee For All Registrants:
Fifth District Dental Society	Signature: _____	\$ _____

Refund requests must be submitted in writing to FDDS, received no later than September 4, 2026, and will be granted only in cases of family or office emergency. If name badges and tickets have been received, they must be returned to FDDS before a refund will be processed. Payment for meal functions will not be refunded.



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6323 Fly Road, Ste. 3
East Syracuse, NY 13057

Central New York Dental Conference



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SEPTEMBER 11, 2026
THE ONCENTER
SYRACUSE, NY

EARLY BIRD RATES
TIME SENSITIVE



REGISTER ONLINE AT www.cnydc.org